Spring Meadow Infant and Nursery School

Supporting challenging behaviours POLICY

(Previously called physical restraint policy)

Policy written July 2019

Policy review July 2021

Supporting children with challenging behaviours – using non-physical restraint

Spring Meadow Infant and Nursery school uses a therapeutic approach to behaviour management this has been inspired by the Step On training we received from Cambridgeshire Steps in the academic year 2018-2019. Our behaviour policy outlines the purpose, nature and management of behaviour in our school in line with Cambridgeshire STEPs. We are committed to using positive behaviour management strategies to help young people learn how to behave appropriately. As a general rule, these strategies are sufficient, but there may be occasions when further interventions are required.

Cambridgeshire County Council do not support the use of physical force or restraint in any of its schools and Team Teach training is no longer provided. The County SEND team provide further STEPs training called STEP ON. The STEP – ON training in only provided to enable practitioners to manage challenging behaviours of identified children in its settings. This training is only provided following an extensive risk assessment of the child.

Since July 2019 Spring Meadow do not have any children who would meet the threshold for obtaining STEP ON training.

Spring Meadow is therefore a school which does not undertake physical restraint at any time.

As a school we are committed to not using any form of physical restraint. All staff have been trained to support a child to move away from challenging situations without using any form of force.

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